



JONATHAN E. FIELDING, M.D., M.P.H.
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ADOPTED
BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES

#15 NOVEMBER 1, 2011

Sachi A. Hamai
SACHI A. HAMAI
EXECUTIVE OFFICER



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The Honorable Board of Supervisors
County of Los Angeles
383 Kenneth Hahn Hall of Administration
500 West Temple Street
Los Angeles, California 90012

Dear Supervisors:

**APPROVAL TO PURCHASE FOOD AND BEVERAGES FOR A WOMEN’S HEALTH
CONFERENCE
(ALL SUPERVISORIAL DISTRICTS)
(3 VOTES)**

SUBJECT

Approval to purchase food and beverages for a Women’s Health Conference.

IT IS RECOMMENDED THAT YOUR BOARD:

Delegate authority to the Director of the Department of Public Health (DPH), or his designee, to purchase food and beverages in an amount not to exceed \$1,500, 100 percent offset by donations from The California Endowment for the women’s health conference entitled "Mind, Body, Spirit: Enhancing Women’s Resilience to Stress and Depression as they Age" (MBS). DPH will host the conference on November 16, 2011 for DPH, Department of Mental Health (DMH), and Department of Health Services (DHS) senior management and local community leaders.

PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION

Approval of the recommended action will allow DPH to purchase food and beverages for the MBS conference to be held on November 16, 2011, in an amount not to exceed \$1,500.

DPH will host the MBS conference to encourage a community dialogue on stress and depression among women in Los Angeles County and the impact on healthy aging and quality of life. The goal of the conference is to assist healthcare professionals and community leaders to prepare their organizations to work with the growing number of aging women by increasing awareness of the

prevalence of stress and depression and their link to chronic diseases, and by identifying tools and resources that increase emotional wellbeing among women as they age.

Approximately 1,500 people will be invited, including: community partners; DPH, DMH, and DHS senior managers; community healthcare stakeholders; and the Board of Supervisors Health Deputies. It is expected that approximately 200 individuals will attend.

The event will address recommendations from the 2007 Women's Health Policy Summit, Building Multicultural Women's Health: Setting an Agenda for Los Angeles (Summit) which was convened to develop recommendations to eliminate health disparities and improve women's health in Los Angeles County.

As the MBS conference is anticipated to be a five-hour event, a light breakfast and snack that model healthy nutrition will be served to the anticipated 200 participants.

Implementation of Strategic Plan Goals

The recommended action supports Goal 4, Health and Mental Health, of the County's Strategic Plan.

FISCAL IMPACT/FINANCING

Approval of the recommended action will allow DPH to purchase food and beverages for the MBS conference to be held on November 16, 2011, in an amount not to exceed \$1,500, 100 percent offset by a donation from The California Endowment received on September 20, 2011 and accepted under the authority granted to DPH under Section 2.4.2, Donation Reporting Requirements, of the County Fiscal Manual. There is no net County cost associated with this action.

FACTS AND PROVISIONS/LEGAL REQUIREMENTS

In 2007, DPH's Office of Women's Health convened the Women's Health Policy Summit to launch a large scale collaborative initiative to address the health disparities that impact women, especially women of color, low-income women, and other underserved populations. Over 400 women's health care leaders attended the Summit. To address the Summit's recommendations, several workgroups were formed, one of them being the "Healthy Aging and the Social Determinants of Health" workgroup. This workgroup recommended a series of community dialogues; from which the MBS conference was created.

The MBS conference will include experts who will provide information that will increase awareness of community and systems level factors that contribute to or create challenges for healthy aging and quality of life for women, with a particular focus on cultural competency and vulnerable populations. Conference speakers will also introduce evidence-based practices and health promotion strategies to assist healthcare professionals and community leaders in serving the needs of aging women in Los Angeles County.

IMPACT ON CURRENT SERVICES (OR PROJECTS)

The MBS conference will promote the health and well-being of women in midlife throughout Los Angeles County.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Jonathan E. Fielding". The signature is written in a cursive style with a large initial "J" and "F".

JONATHAN E. FIELDING, M.D., M.P.H.
Director and Health Officer

JEF:ev

c: Chief Executive Officer
County Counsel
Executive Officer, Board of Supervisors